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Public Talk:

Your Future Begins In Your Mind!



Introduction

Everything begins with a thought. Every second, of every minute of every day we create our future. Our thinking and our actions are what determine our future in all aspects and situations of life - our work performance, our health, and our wellbeing begins in our mind.

Everything in our life depends upon the *quality* of our mental environment and the types of thoughts that are predominately held in our mind.

Come and learn how to respond to life's many sudden changes and challenges. Discover what it takes to raise our thinking and mind power capabilities to inspire positive changes and innovation, and to create positive visions of our future.

Our ability to *take control* and *influence* our mind to work **with us** will assist us to a path of opportunities – and greater success.

Learn how to transform from positive thinking to possibility thinking, to power thinking!

Speaker's Profile



Lily Kong is Director of Health Essentials Asia Sdn. Bhd. She is a Certified Silva Method Instructor, licensed under Silva International, Inc. USA. In 1996, she was given the privilege to be trained under Jose Silva, the founder of the Silva Mind Method programs.

Since 1990, her work and experience in the field of brain-mind sciences had garnered her recognition from her peers. She has been guest speakers at many national and international conferences and business forums. She was a guest speaker at the World Conference organized by IFTDO (International Federation of Training Development Organizations) in 1997.

Clients consulted and trained by Lily range from senior directors, managers, business owners, working professionals, undergraduates and students. Amongst the list of satisfied clients are BenQ, OTEC, Vibracon, eLOCK, Khind Industries Bhd, Universiti Malaysia Sabah, ESSO, Victory Team, Natural Marketing, Aident Corporation Sdn. Bhd., Robert Bosch (SEA) Ltd.,

Lily Kong has authored numerous audio books; "Empowering Dreams to Reality", "Creating Health & Healing" and "Breathe".

Details

Date : 4 September 2010 (Saturday)
Time : 10:30am - 12:30pm
Venue : Malaysian Institute of Arts (MIA)
Multipurpose Hall
294 - 299, Jalan Bandar 11
Taman Melawati
53100 Kuala Lumpur

ENQUIRY & REGISTRATION

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Drop us a note if you are coming so that we can ensure comfort for all.